If you would like to share notifications of any upcoming conferences or events, please contact [email].

We would like to thank the National Sleep Foundation for its help and coordination in the development of this supplement. Special thanks particularly to Dr. Dimitri Christakis who inspired the supplement on children, adolescents, and screens.

We're looking for the following types of recommendations:

1. Established instruments that can be used verbatim or adapted based on cohort characteristics.
2. Likely survey format with 5-10 items, short, targeted questions.
3. The top two or three concepts and/or questions to propose requiring all cohorts to measure.

Currently, there are few cohorts with media measures, and if they do have them, they are primarily being used as proxies for "inactivity." We are proposing that all cohorts have at least some type of media measure (what we're calling "Essential" below), and that all cohorts be thoroughly evaluated by an NIH-style review committee composed of our Board of Directors.

We're looking for recommendations to add digital media measures for a seven-year longitudinal study of the ECHO pediatric cohorts. Across the 84 ECHO pediatric cohorts, there are/will be about 50,000 children, and the ECHO study aims to assess the influence of media use on a number of critical outcomes, including obesity, neurodevelopment, pre/peri/postnatal, and positive health/well-being. Recommended Measures (highly recommended, cohorts opt-in)

- [ ] Online data collection
- [ ] Include access, use, more detailed content information and why/for what purposes
- [ ] Long term monitoring
- [ ] Longer timeframe/more intense media diary
- [ ] Not overly burdensome - consider cost, time, administration type

For the ECHO-wide protocol, measures will be prioritized in the following framework for critical future research, as well as policy recommendations, on current and future uses of digital media in the context of health/well-being, education, and social development.

For more information about the speakers and program, please visit [link].

Save the date! The 9th Biennial Childhood Obesity Conference will take place from May 25 - 29, 2017 in Washington, D.C. The theme is "Good Health for All: Addressing Equity where we Live, Learn, Work, and Play." There will be a panel discussion for media, the research community, clinicians, educators and policy makers.

For more information about the speakers and program, please visit [link].

Check out some events submitted by our members!